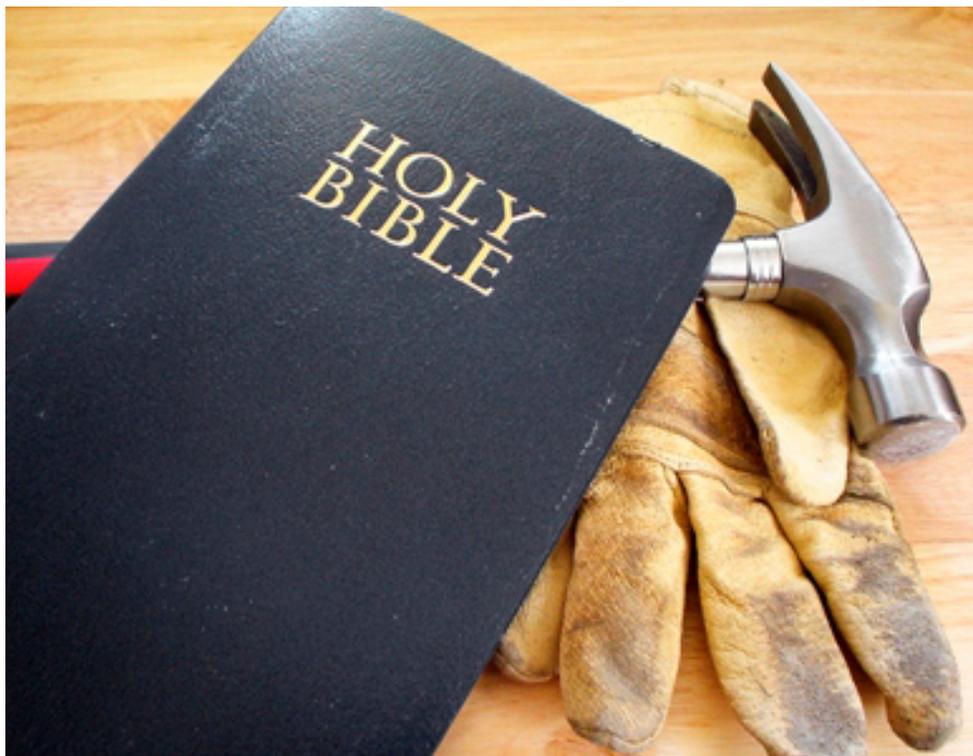


2015

Walnut Grove Missionary
Baptist Church
1616 Walnut Grove Road
Clarksville, TN 37042
www.walnutgrovembc.org
Dr. C.E. Livingston, Pastor



Responsibility-Accountability-Dependable

[MAN COLLEGE 101]

Walnut Grove Missionary Baptist Church
Class Times: Sundays 5:00 a.m. - 7:00 a.m.
Dr. C.E. Livingston, Pastor/Teacher
Email: carlyo@peoplepc.com
Cell: 931-249-6448
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Man College 101

Syllabus

Course Description:

This program is designed to help young men realize and maximize their potential. It is a 12 weeks graduated program built around the core values of responsibility, accountability, and dependability. Through a series of instructions, insights, tests, and challenges, young men will be admonished toward maturity: spiritually, intellectually, physically, emotionally, socially, and otherwise. This program is designed to test the endurance and perseverance of young men and to motivate them towards excellence and professionalism in all aspects of life. This program will help to illuminate awareness of the champion within: building character, conscientiousness, and learning to take deliberate actions which bring young men to the mastery of manhood.

Methods of Instruction:

- Small group sessions – (7-12 men)
- Video/audio instruction
- Reading & writing assignments
- Group projects
- Teaching projects
- Oral/written exams
- Mentoring/discipleship

Course Requirements:

Each participant will be required to complete 100% of the course work and assignments with an average of 98% or higher. Each participant will be required to complete all the reading assignments, watch two videos of instruction, participate in two group projects, write a definition of success and take a final exam summarizing all the rules, habits, values, principles, and laws of the program. In addition, each participant must organize another group of 7-12 men and train them in all the instructions from this program and then require the same of them. Upon completion of mentoring a group, each participant will be endorsed and robed with an official Man College Blazer, bearing the official symbol. While participates are in training status, they will be required to attend worship every Sunday and to wear a black suit with purple tie. Shoes must be highly shined and all clothes must be neatly pressed. Any time participates are in worship together, they should seek to be seated together as much as possible. Each session will end with a 30 minutes physical fitness session to include strength, endurance, and cardiovascular activity. Minors 17 years and younger must have parental consent and sign a liability release form. Otherwise, all participates should consult their physicians and should not engage in physical activity that puts their health at risk.

Course Objectives:

- Lay a foundation and create frames of reference for stellar manhood
- Create templates of success through journeys of self-discovery
- Stimulate minds to think critically, objectively, and strategically
- Instill various leadership principles & models of excellence
- Build mental, physical, and emotional toughness and resiliency
- Teach young men to be goal oriented, purpose driven, and deliberate in life's pursuits
- To instill the meaning of responsibility, accountability, and dependability.

Attendance & Academic Policy:

Participants are required to attend all 12 weeks and maintain academic standards to complete the program. One absence/make up day will be permitted during the entire program. Participants must also show up on time. Those who are tardy twice will receive one absent. A second absence will result in termination of participation. Likewise, Participants who fall below the required academic standard will be given two weeks to improve their average. If there are no signs of progress, participants will be dismissed from the course. Those who have been terminated due to attendance or academic violations may reapply in another cycle. If an individual is terminated twice or for causes of misconduct he is permanently forfeited from the program.

Grading Scale:

- 90% - 100% - A
- 80 % - 89% - B
- 70% - 79% - C
- 60% - 69% - D
- 59% - below - F

Student Evaluation:

- Attendance – 25%
- Participation – 25%
- Assignments – 25%
- Forming Group – 25%

Text & Material List:

- Holy Bible
- *If Life is a Game, These are the Rules* – Cherie Carter-Scott (Required)
- *If Success is a Game, These are the Rules* – Cherie Carter-Scott
- *Launch Your Life* – Kenny Silva
- *God's Promises for Men* – Jack Countryman
- *The 21 Irrefutable Laws of Leadership* – John Maxwell
- *The Seven Money Rules for Life* – Mary Hunt
- Large 3 Ring Binder
- Computer/Tablet Access
- Note taking materials

Course Schedule:

- **Week One** - Orientation
- **Week Two** – The Rules – (Scott – introduction, rules 1 & 2 write one page summary).
- **Week Three** – The Rules – (Scott – rules 3-5 write one page summary).
- **Week Four** – The Rules – (Scott – rules 6-8 write one page summary).
- **Week Five** – The Rules – (Scott – rules 9-10 write one page summary).
- **Week Six** – *If Success is a Game, These are the Rules – Individual Project (see below for instruction under Launch Your Life Group instruction).*
- **Week Seven** - The Habits – (Watch video – the seven basic habits of highly effective people)
- **Week Eight** - The Values – (Responsibility-Accountability-Dependability)
- **Week Nine** – *Launch Your Life* group project – a group of 2-3 people will be assigned one of the topics from this book. The group must give a presentation using this format: (1) introduce each member of the group and announce what topic you are presenting, (2) give a brief summary of the chapter explaining in a few words what the chapter is all about, (3) describe the main point of the chapter and list the key supporting points, (4) explain the significance or importance of that chapter and how it applies to us, (5) explain how the chapter spoke to you and what you will do differently as result of reading it, (6) summarize and give your conclusion. The presentation should be creative, illustrative, engaging, substitutive, and should somehow involve all members of the group. A single spokesperson is acceptable but there should be evidence of the entire group participating. For example, if one person assembled the power point, another organized the presentation, and another presented it, that is all considered group participation. Your group will be graded on accuracy, clarity, creativity, teamwork, information and inspiration.
- **Week Ten** – The Principles (HMWK: Watch Fran Harris’ Video from the Millionaire’s Summit and write a two page reaction paper for discussion next week).
- **Week Eleven** – The Laws (Maxwell - read & write summary of each of the 21 laws)
- **Week Twelve** – Final Exam – pointers on setting up groups.

Meeting Format:

- Open with prayer and the reciting of the Man hood Creed
- Devotional reading from God’s Promises for Men
- Follow syllabus schedule
- Physical fitness training & cool down
- Closing prayer

The Man Hood Creed:

I am a man, but I am more than a man, I am a Man of God. I am fearfully and wonderfully made in his image. God is holy, righteous, just, and pure in all his ways so shall these things be my pursuit. I am deliberate in my choices and actions therefore, I do not watch life happen I make life happen. I set goals, plan my work and work my plan. I do not make excuses. "Excuses are monuments of nothing, they build bridges to nowhere, and those who use those tools of incompetence are masters of nothing." I do not take short cuts but rather I endure the pain of the process. I believe in God and I believe in me. I can do anything that God gives me the grace to do. Obstacles are invisible as long as I keep my eyes on the goal. I reject every "I can't" with "I can," I employ persistence in the face of resistance, and if I cannot run I will walk, if I cannot walk then I will crawl, and if I cannot crawl I will find someone to drag me! I am a man and there is a champion within me. My mission in life is to let my champion out. I am responsible, accountable, and I am dependable.